ADDICTIONS COUNSELLING RESEARCH GUIDE

PURPOSE

The purpose of this document is to outline the available resources that Library Services provides to support students in the Addictions Counselling program at Medicine Hat College. Please contact the library for further assistance.

CONTENTS

1. Articles
2. Books & Audiovisuals
3. Websites
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5. Contact Library Services

ARTICLES

You can locate journal, magazine, and newspaper articles using databases. These resources cannot commonly be accessed using standard search engines such as Bing, Google, Yahoo, etc.

Databases are located at: http://www.mhc.ab.ca/Library/Resources/Databases.aspx

Databases that you can employ specifically for your program include:

Academic Search Complete [EBSCO]

- This multidisciplinary database can be used for research on most topics. It includes over 5,000 full-text journals.

CINAHL Plus with Full Text [EBSCO]

- The Cumulative Index to Nursing and Allied Health Literature (CINAHL) is the primary resource for literature in nursing and allied health. This database indexes over 2,800 journals, with full text coverage for more than 560 titles.

Psychology and Behavioral Sciences Collection [EBSCO]

- This database provides coverage of nearly 550 full text journals, including more than 500 peer-reviewed titles.

SocINDEX with Full Text [EBSCO]

- Topics covered by the database include: criminology and criminal justice, ethnic and racial studies, gender studies, marriage and family, rural and urban sociology, social development, social psychology, social structure, social work, substance abuse and other addictions, violence, and much more. Full-text is available for more than 340 journals.

For an overview and search tips, go to our Database Tips How-To Guide:
http://www.mhc.ab.ca/Library/Get_Assistance/~/media/Files/library_documents/how_to_guides/general_research_guides/database_tips.pdf

BOOKS & AUDIOVISUALS

Search the library catalogue (http://catalogue.mhc.ab.ca/search~S2) to find books and audiovisual resources on a topic. Items can be mailed to you during your out-of-town practicum.

Browse the library catalogue or shelves using these associated terms and call number ranges respectively:

- HV 5001-5720.5 Alcoholism
- HV 5725-5770 Tobacco
- HV 5800-5840 Drug habits. Drug abuse.
- RC 552 Eating disorders. Anorexia. Bulimia.
- RC 554-569.5 Personality disorders. Includes behavior problems, sex addiction, drug abuse, compulsive gambling, suicide, child abuse

Recommended reference source:
American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders: DSM-IV-TR* (4th ed., text revision). Washington, D.C.: Author.
Library Reference Collection: RC 455.2 C4 D54 2000

WEBSITES

Health Canada (http://www.hc-sc.gc.ca)

- This Canadian government website is the starting point for information relating to health in Canada. From this site, you will find information on the health care system and policies in Canada, health promotion, as well as statistics, survey results and research reports.

Alberta Health Services (http://www.albertahealthservices.ca)

- This Government of Alberta website provides information about accessing health care services in the province. Information on health topics and services is available to health professionals and consumers. Content and services from the former Alberta Alcohol and Drug Abuse Commission (AADAC) are now available through Alberta Health Services.

Canadian Centre on Substance Abuse (http://www.ccsa.ca)

- The Canadian Centre on Substance Abuse provides national leadership and research in an effort to reduce alcohol and drug abuse. This site provides statistics, reports, and other publications.

Centre for Addiction and Mental Health (http://www.camh.net)

- Affiliated with the University of Toronto, The Centre for Addiction and Mental Health (CAMH) is Canada's largest mental health and addiction teaching hospital. As a leading research centre internationally, CAMH provides research, policy, and education on addiction and mental health.

Health on the Net (HON) (http://www.hon.ch/)

- The Health on the Net website provides access to reliable health information on the internet. The search engine HONSearch will help you find useful websites for health information, images and news for your research topic. This is a non-government, non-profit website.

OTHER HOW-TO GUIDES

Library Services produces a number of how-to guides to assist you with academic writing (APA and MLA styles), Microsoft Office, research and technology guides, as well as class specific handouts.

Other how-to guides can be located at: http://www.mhc.ab.ca/Library/Get_Assistance/How-To_Guides.aspx

CONTACT LIBRARY SERVICES

Library Services offers many points of assistance:

- In person (Information Desk)
- Telephone: 403-504-3544; Toll free: 1-866-282-8394 (ext. 3544)
- E-mail (http://www.mhc.ab.ca/Library/Get_Assistance/Email.aspx)
- Instant Messenger (*Library Online Agents*; http://www.mhc.ab.ca/Library/Get_Assistance/IM.aspx)
- Text Messaging: 403-866-5872
- Book An Appointment (Online Form; book at least 24 hours in advance; http://www.mhc.ab.ca/Library/Get_Assistance/Appointment.aspx)