



# ONLINE DELIVERY

## PROGRAM PLANNING GUIDE 2025-2026

### Occupational/Physical Therapist Assistant Diploma

SURNAME	GIVEN NAMES	STUDENT ID#

- \*The purpose of this program planning guide is to help students when registering for courses, and to track their progress within their program.
- \**The information in this planning guide is accurate at the time of printing and is subject to change without notice.*
- \*It is the students' responsibility to ensure the accuracy of their program and course choice.
- \*Students should use the program planning guide dated the year in which they began the program.
- \*This guide should be used in conjunction with the official version of the Medicine Hat College Calendar found on our website, and calendars of appropriate transfer institutions, which are the final authorities regarding program requirements.

#### Important OTA/PTA Program Information:

- \**Each student must contact the academic advisor to develop a customized plan of study based on individual needs prior to registering in any classes.*
- \**Program plans will not be discussed with the advisor until all transfer credit and other required documentation is completed.*

*The following is a full listing of the courses required in this program. Please use this to help in your discussions with the academic advisor.*

Group 1 Courses			
COURSE	DATE	GRADE	ADDITIONAL INFORMATION
<b>KNES 261 (4)</b> <b>(lec/lab)</b> <i>Human Anatomy</i>			
<b>ENGL 1XX or 2XX</b> <b>(3) (lec)</b>			<i>i. Any 100 or 200-level English course is acceptable, but a <b>200 level ENGL</b> is recommended, especially for students wishing to continue with their education at a university level</i> <i>ii. This course may be taken at MHC (preferred) or through a different institution</i> <i>iii. If taking at another institution, a letter of permission is required to ensure transferability of the courses to our program. Please contact the academic advisor prior to registering in these courses to obtain this authorization.</i>

<b>PSYC 2XX (3) (lec)</b>			<i>i. Equivalents of <b>PSYC 2XX (PSYC 201 recommended)</b> are required and may be taken at MHC (preferred) or through a different institution</i> <i>ii. If taking at another institution, a letter of permission is required to ensure transferability of the courses to our program. Please contact the academic advisor prior to registering in these courses to obtain this authorization.</i>
<b>IDST 100 (4)</b> <b>(lec/lab)</b> <i>Introductory Communications for Helping Professionals</i>			
<b>TAPC 110 (3)</b> <b>(lec/lab/fieldwork)</b> <i>Introduction to Health Care and Rehabilitation</i>			<i>i. Requires job shadowing at various sites arranged with the program</i> <i>ii. All required program immunizations, criminal record checks, and accompanied documentation <b>MUST</b> be completed prior to registering in the class.</i>
<b>Group 2 Courses</b>			
<b>COURSE</b>	<b>DATE</b>	<b>GRADE</b>	<b>ADDITIONAL INFORMATION</b>
<b>SOCI 2XX (3) (lec)</b>			<i>i. Equivalents of <b>SOCI 2XX (SOCI 201 offered at MHC)</b> are required and may be taken at MHC (preferred) or through a different institution</i> <i>ii. If taking at another institution, a letter of permission is required to ensure transferability of the courses to our program. Please contact the academic advisor prior to registering in these courses to obtain this authorization.</i>
<b>KNES 265 (4)</b> <b>(lec/lab)</b> <i>Functional Anatomy</i>			<i>i. Pre-requisite: minimum C grade in KNES 261</i>
<b>TAPC 111 (4)</b> <b>(lec/lab)</b> <i>Rehabilitation Process</i>			
<b>TAPC 112 (3)</b> <b>(lec/lab)</b> <i>Health Disorders &amp; Conditions in Rehabilitation</i>			<i>ii. Pre-requisites: minimum C grade in KNES 261</i>
<b>TAPC 113 (3)</b> <b>(lec/lab)</b> <i>Growth and Development for Rehabilitation Service Providers</i>			

Group 3 Courses			
COURSE	DATE	GRADE	ADDITIONAL INFORMATION
<b>OPTA 212 (3)</b> <b>(lec/lab)</b> <i>Principles and Techniques of Client Contact</i>			<i>i. Pre-requisites: minimum C grade in KNES 265, TAPC 111, TAPC 112, &amp; TAPC 113</i> <i>ii. Is a pre-requisite to Groups 4 &amp; 5</i> <i>iii. Must have completed all courses in Group 1 and Group 2 prior to starting this course</i> <i>iv. Requires onsite attendance (one weekend) for an arranged lab</i> <i>v. Labs occur at MHC</i>

Group 4 Courses			
COURSE	DATE	GRADE	ADDITIONAL INFORMATION
<b>OCTA 215 (4)</b> <b>(lec/lab)</b> <i>OTA Therapeutic Processes I</i>			<i>i. Pre-requisites: minimum C grade in KNES 265, TAPC 111, TAPC 112, &amp; TAPC 113</i> <i>ii. Each of these courses requires onsite attendance (one weekend) for an arranged lab (one lab/course)</i> <i>iii. Labs occur at MHC</i>
<b>OCTA 216 (4)</b> <b>(lec/lab)</b> <i>OTA Therapeutic Processes II</i>			<i>i. Pre-requisite: Minimum C grade in OPTA 212</i> <i>ii. Each of these courses requires onsite attendance (one weekend) for an arranged lab (one lab/course)</i> <i>iii. Labs occur at MHC</i>
<b>PHTA 215 (4)</b> <b>(lec/lab)</b> <i>PTA Therapeutic Processes I</i>			<i>i. Pre-requisite: Minimum C grade in OPTA 212</i> <i>ii. Each of these courses requires onsite attendance (one weekend) for an arranged lab (one lab/course)</i> <i>iii. Labs occur at MHC</i>
<b>PHTA 216 (4)</b> <b>(lec/lab)</b> <i>PTA Therapeutic Processes II</i>			<i>i. Pre-requisites: minimum C grade in KNES 265, TAPC 111, TAPC 112, &amp; TAPC 113</i> <i>ii. Each of these courses requires onsite attendance (one weekend) for an arranged lab (one lab/course)</i> <i>iii. Labs occur at MHC</i>
<b>TAPC 210 (1)</b> <b>(lec)</b> <i>Professional Integration for the Therapist Assistant</i>			<i>i. Pre-requisites: minimum C grade in OPTA 212</i>

Group 5 Courses			
COURSE	DATE	GRADE	ADDITIONAL INFORMATION
<b>OPTA 217 (4)</b> <b>(pr)</b>			<i>i. Denotes Fieldwork 5 weeks fulltime for each course (OCTA 217,</i>

OTA/PTA Therapeutic Processes IV			<i>PHTA 217, and OPTA 217) for a total of 15 weeks</i> <b>ii. Pre-requisites: minimum C grade in OCTA 215, OCTA 216, PHTA 215, PHTA 216, &amp; TAPC 210</b>  <b><i>Registration in these courses will not be allowed until fieldwork site confirmations have been received.</i></b>
<b>PHTA 217 (4) (pr)</b> <i>PTA Therapeutic Processes III</i>			
<b>OCTA 217 (4) (pr)</b> <i>OTA Therapeutic Processes III</i>			
<b>TAPC 218 (1) (lec)</b> <i>Career Preparation for the Therapist Assistant</i>			

### Continuation Requirements:

- Students must adhere to the professional commitment as outlined in the Therapist Assistant Programs Student Handbook. Failure to do so may result in dismissal from the program.
- Students must complete the program within three years of completion of OPTA 212.
- **All OCTA, OPTA, PHTA, TAPC, KNES, and IDST courses must be completed with grades of C or better.**
- Students must earn a grade of at least C- in all other courses.
- In order to continue in the program, a current and cumulative grade point average of at least 2.0 is required at the end of each semester.
- Attendance in all courses is considered essential.
- Students will usually be permitted to repeat a particular OTA/PTA program course (OCTA, OPTA, PHTA, and TAPC) only once.
- Students are normally expected to complete courses in the sequence outlined in the calendar. Courses taken in a sequence other than what is outlined in the calendar [including deferring courses into other terms] may compromise your standing in the program. This also facilitates proper planning for labs and fieldwork.

### Graduation Requirements:

- To graduate, students must have a current and cumulative grade point average of at least 2.0 at the end of the program.

### Time Limits for Program Completion:

- Students must complete the program within three years of completion of OPTA 212.