# Career Research

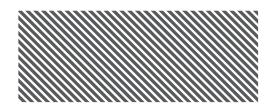
### Where do I start?

There are so many resources available to help you learn new information about jobs and industries you are considering. Below is a list of research tools to help get you started.

- 1. The Alberta Learning Information Service (ALIS) website www.alis.alberta.ca
  - ALIS offers a wealth of information on career and education planning, job posting databases, selfassessment tools, resume tips, and various career-related publications
  - ALIS OCCinfo provided detailed listings of jobs include their duties and educational requirements. https://alis.alberta.ca/occinfo/occupations-in-alberta/
- 2. Visit Medicine Hat College's website http://tinyurl.com/MHC-Programs
  - Review the names and types of programs offered.
  - Meet with a prospective student advisor https://www.mhc.ab.ca/Services/AcademicSupport/Advising
  - If you are looking for a program not offered at MHC visit other College and University pages to learn about their program offerings.
- 3. Read job postings of careers that you are considering...
  - Reading potential job postings highlights the different types of employers, types of responsibilities, wages, etc. related to the job you want
    - ° Indeed https://www.indeed.ca/
    - ° ALIS Job Postings http://alis.alberta.ca/js/ws/jp/jobpostings.html
    - ° Canada Job Bank https://www.jobbank.gc.ca/home-eng.do?lang=eng
- 4. Learn more or try it out...
  - Informational Interviewing is when you contact someone already working in the field you want to get into, and ask them general questions about their work such as: What do you like best about your job? What do you like the least? What do you find most challenging about this type of work? What advice do you have for someone considering entering this field? <a href="https://alis.alberta.ca/worksearch/re/conducting-ie.html">https://alis.alberta.ca/worksearch/re/conducting-ie.html</a>
  - Job Shadowing is when you ask someone working in the field if you could come to their workplace and
    observe them as they do their job.
  - Student-for-a-Day at MHC is a chance to sit in on in classes for one day to preview what you would experience as a student. Call 403-529-3819 to sign up.
- 5. Get to know yourself...
  - Understanding your personality, can provide insight into the types of jobs and work environments that you
    may enjoy. Every personality can do any job, but not with equal satisfaction. Check out:
    https://www.16personalities.com/free-personality-test
  - Learning style assessments help to identify the ways you prefer to learn.
     Check out: http://vark-learn.com/the-vark-questionnaire/



## STUDENT EMPLOYMENT & CAREER CENTRE



### What do I do with all this research?

You've done your research, and decided to attend Medicine Hat College. Your next steps are:

- 1. Apply to your program of choice to go through the admissions process https://www.mhc.ab.ca/Admission/Basics/AdmissionProcess.aspx
- Meet with an Advisor if you have questions. https://www.mhc.ab.ca/Services/AcademicSupport/Advising
- 3. Consider your funding sources https://www.mhc.ab.ca/Services/FinancialAid
- 4. Register for your courses https://www.mhc.ab.ca/Admission/WhatsNext/Registration.aspx

### If you have will have to upgrade to gain admission....

- Apply to Academic Upgrading https://www.mhc.ab.ca/Admission/Basics/AdmissionProcess.aspx
- 2. Complete the Academic Assessment https://www.mhc.ab.ca/admission/applying/mature
- Meet with the Upgrading Advisor https://www.mhc.ab.ca/Services/AcademicSupport/Advising

I've decided not to return to school at this time. Are there any career-related resources available to help me?

- Alberta Supports Centre Employment Hub Main Floor, Provincial Building 346 – 3<sup>rd</sup> Street, S.E. Medicine Hat, AB <a href="https://www.alberta.ca/alberta-supports.aspx">https://www.alberta.ca/alberta-supports.aspx</a> (403) 529-3683
- Being Human Employment Services, 222 South Railway Street, Medicine Hat, AB www.beinghumanservices.ca (403) 580-3338
- Saamis Employment & Training Association 919 Tractor Avenue, S.E., Medicine Hat, AB www.saamisaboriginal.ca (403) 504-4056
- YMCA Employment Centre
   770 1st Street, S.E., Medicine Hat, AB <a href="http://tinyurl.com/YMCA-Employment">http://tinyurl.com/YMCA-Employment</a>
   (403) 529-4733

