



# Career Research

## Where do I start?

There are so many resources available to help you learn new information about jobs and industries you are considering. Below is a list of research tools to help get you started.

1. **The Alberta Learning Information Service (ALIS) website** – [www.alis.alberta.ca](http://www.alis.alberta.ca)
  - ALIS offers a wealth of information on career and education planning, job posting databases, self-assessment tools, resume tips, and various career-related publications
  - **ALIS OCCinfo** provided detailed listings of jobs include their duties and educational requirements. <https://alis.alberta.ca/occinfo/occupations-in-alberta/>
2. **Visit Medicine Hat College's website** – <http://tinyurl.com/MHC-Programs>
  - Review the names and types of programs offered.
  - Meet with a prospective student advisor <https://www.mhc.ab.ca/Services/AcademicSupport/Advising>
  - If you are looking for a program not offered at MHC visit other College and University pages to learn about their program offerings.
3. **Read job postings of careers that you are considering...**
  - Reading potential job postings highlights the different types of employers, types of responsibilities, wages, etc. related to the job you want
    - Indeed - <https://www.indeed.ca/>
    - ALIS Job Postings - <http://alis.alberta.ca/js/ws/jp/jobpostings.html>
    - Canada Job Bank - <https://www.jobbank.gc.ca/home-eng.do?lang=eng>
4. **Learn more or try it out...**
  - **Informational Interviewing** is when you contact someone already working in the field you want to get into, and ask them general questions about their work such as: What do you like best about your job? What do you like the least? What do you find most challenging about this type of work? What advice do you have for someone considering entering this field? <https://alis.alberta.ca/worksearch/re/conducting-ie.html>
  - **Job Shadowing** is when you ask someone working in the field if you could come to their workplace and observe them as they do their job.
  - **Student-for-a-Day at MHC** is a chance to sit in on in classes for one day to preview what you would experience as a student. Call 403-529-3819 to sign up.
5. **Get to know yourself...**
  - Understanding **your personality**, can provide insight into the types of jobs and work environments that you may enjoy. Every personality can do any job, but not with equal satisfaction. Check out: <https://www.16personalities.com/free-personality-test>
  - **Learning style assessments** help to identify the ways you prefer to learn. Check out : <http://vark-learn.com/the-vark-questionnaire/>





## What do I do with all this research?

You've done your research, and decided to attend Medicine Hat College. Your next steps are:

1. Apply to your program of choice to go through the admissions process  
<https://www.mhc.ab.ca/Admission/Basics/AdmissionProcess.aspx>
2. Meet with an Advisor if you have questions.  
<https://www.mhc.ab.ca/Services/AcademicSupport/Advising>
3. Consider your funding sources  
<https://www.mhc.ab.ca/Services/FinancialAid>
4. Register for your courses  
<https://www.mhc.ab.ca/Admission/WhatsNext/Registration.aspx>

## If you have will have to upgrade to gain admission....

1. Apply to Academic Upgrading  
<https://www.mhc.ab.ca/Admission/Basics/AdmissionProcess.aspx>
2. Complete the Academic Assessment  
<https://www.mhc.ab.ca/admission/applying/mature>
3. Meet with the Upgrading Advisor  
<https://www.mhc.ab.ca/Services/AcademicSupport/Advising>

## I've decided not to return to school at this time. Are there any career-related resources available to help me?

- **Alberta Supports Centre – Employment Hub**  
Main Floor, Provincial Building  
346 – 3<sup>rd</sup> Street, S.E. Medicine Hat, AB  
<https://www.alberta.ca/alberta-supports.aspx>  
(403) 529-3683
- **Being Human Employment Services,**  
222 South Railway Street, Medicine Hat, AB  
[www.beinghumanservices.ca](http://www.beinghumanservices.ca)  
(403) 580-3338
- **Saamis Employment & Training Association**  
919 Tractor Avenue, S.E., Medicine Hat, AB  
[www.saamisaboriginal.ca](http://www.saamisaboriginal.ca)  
(403) 504-4056
- **YMCA Employment Centre**  
770 – 1<sup>st</sup> Street, S.E., Medicine Hat, AB  
<http://tinyurl.com/YMCA-Employment>  
(403) 529-4733

