

Bullet Point Reading (BPR)

Benefits and Goals of BPR	
<p>Using BPR, you will:</p> <ul style="list-style-type: none"> ✓ Organize information in your own words ✓ Store information in long-term memory ✓ Understand more information in class ✓ Earn higher grades! 	<p>BPR is:</p> <ul style="list-style-type: none"> ✓ A Step-by-Step approach to learning ✓ An EFFECTIVE note-taking technique ✓ Consistent with BRAIN functioning ✓ SIMPLE!
<p>Goal of BPR:</p> <ul style="list-style-type: none"> ✓ OUTLINE the assigned reading ✓ BEGIN to become familiar with concepts before class ✓ Use DIRECTED READING to focus on important information 	<p>When to use BPR:</p> <ul style="list-style-type: none"> ✓ 1 to 7 days BEFORE class
How to Use BPR	
<p>Prepare for BPR:</p> <ol style="list-style-type: none"> PREVIEW (<i>scan</i>) what you are about to read. Look for clues: <ul style="list-style-type: none"> ✓ Titles: <i>Chapter, Sections, Sub-sections</i> ✓ Objectives ✓ Things to Know, Concepts, Highlights ✓ Summaries: <i>Section, Chapter</i> Recognize PREVIOUS knowledge PREDICT what you will learn from the reading 	<p>Start BPR: OUTLINE & REVIEW one section at a time</p> <ol style="list-style-type: none"> Outline 1st section of chapter using Bullet Points, then REVIEW <ol style="list-style-type: none"> MAIN IDEA or CONCEPT <ul style="list-style-type: none"> ◆ Supporting Information ◆ Supporting Information BLANK SPACE MAIN IDEA or CONCEPT <ul style="list-style-type: none"> ◆ Supporting Information ◆ Supporting Information <ol style="list-style-type: none"> Outline 2nd section, then review 1st & 2nd outline Outline 3rd section, then review 1st, 2nd & 3rd Continue the process and review the outlines beginning with the 1st outline. <p>*Each time you add a new section, review the outlines beginning with the 1st outline. Review, review, review!</p>
<p>Tools to Use for BPR:</p> <ul style="list-style-type: none"> ✓ Notebook ✓ Highlighters ✓ Colored Pens ✓ Preferred Study Space 	<p>BPR Tips:</p> <ul style="list-style-type: none"> ✓ Use MAIN-BPs for main <i>ideas</i> or <i>concepts</i> ✓ Use SUB-BPs for supporting information ✓ Always leave a blank line before writing a new MAIN-BP. ✓ Use SYMBOLS for faster processing

Contact your academic strategist for support with BPR and other learning strategies!!

Justine McKennie ▪ Academic Strategist ▪ jmckennie@mhc.ab.ca ▪ 403-504-2247