





December

MEDICINE HAT
COLLEGE



2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--------|--|
| | 1 Peer Support Drop-in: Interfaith 12-1 | 2 Therapy Dog Sadie 9:30am-10:30am Centennial Hall Addictions counsellor on campus 11:00am-12:30pm between common grounds and cafeteria Therapy Dog Finn 3pm-4pm Centennial Hall | 3 Resilient Minds Holiday Event 11am-1pm between common grounds and cafeteria Peer support at student wellness event in the den from 12-1 | 4 Therapy Dog Finn 12pm-1pm Centennial Hall | 5 | 6 |
| 7 | 8 Peer Support Drop-in: Interfaith 12-1 | 9 Addictions counsellor on campus 11:00am-12:30pm between common grounds and cafeteria | 10 Peer support at student wellness event in the den from 12-1 | 11 Therapy Dog Finn 12pm-1pm Centennial Hall | 12 | 13 |
| 14 | 15 | 16 | 17 Peer support at student wellness event in the den from 12-1 | 18 Therapy Dog Oreo 1pm-3pm Centennial Hall | 19 | 20 |
| 21 | 22 | 23 |  24 | 25 | 26 | 27  |
|  28 Christmas Break- College Closed | 29 | 30 | 31  | *Walking Group on hold until next semester due to weather | | |