

Wednesday February 6, 2019



Join us!

Be Fit for Life Centre Walks
Strathcona Centre: 11-11:30AM

Medicine Hat College Main
Entrance: 12:10-12:40PM

MHC Brooks Campus Main
Entrance: 12:10-12:40PM



*Open the door
and go for it!*

Get more active outdoors this winter.

winterwalkday.ca



WinterWalkDay



@WinterWalkDay

#WinterWalkDay

