

## Bullet Point Reading (BPR)

Benefits and Goals of BPR	
<p>Using <b>BPR</b>, you will:</p> <ul style="list-style-type: none"> <li>✓ <b>Organize</b> information in your own words</li> <li>✓ <b>Store</b> information in long-term memory</li> <li>✓ <b>Understand</b> more information in class</li> <li>✓ <b>Earn</b> higher grades!</li> </ul>	<p><b>BPR</b> is:</p> <ul style="list-style-type: none"> <li>✓ A <b>Step-by-Step</b> approach to learning</li> <li>✓ An <b>EFFECTIVE</b> note-taking technique</li> <li>✓ Consistent with <b>BRAIN</b> functioning</li> <li>✓ <b>SIMPLE!</b></li> </ul>
<p>Goal of <b>BPR</b>:</p> <ul style="list-style-type: none"> <li>✓ <b>OUTLINE</b> the assigned reading</li> <li>✓ <b>BEGIN</b> to become familiar with concepts before class</li> <li>✓ Use <b>DIRECTED READING</b> to focus on important information</li> </ul>	<p>When to use <b>BPR</b>:</p> <ul style="list-style-type: none"> <li>✓ 1 to 7 days <b>BEFORE</b> class</li> </ul>
How to Use BPR	
<p>Prepare for <b>BPR</b>:</p> <ol style="list-style-type: none"> <li>1. <b>PREVIEW</b> (<i>scan</i>) what you are about to read. Look for clues: <ul style="list-style-type: none"> <li>✓ <b>Titles:</b> <i>Chapter, Sections, Sub-sections</i></li> <li>✓ <b>Objectives</b></li> <li>✓ <b>Things to Know, Concepts, Highlights</b></li> <li>✓ <b>Summaries:</b> <i>Section, Chapter</i></li> </ul> </li> <li>2. Recognize <b>PREVIOUS</b> knowledge</li> <li>3. <b>PREDICT</b> what you will learn from the reading</li> </ol>	<p>Start <b>BPR: OUTLINE &amp; REVIEW</b> one section at a time</p> <ol style="list-style-type: none"> <li>1. <b>Outline</b> 1<sup>st</sup> section of chapter using <b>Bullet Points</b>, then <b>REVIEW</b> <ol style="list-style-type: none"> <li>I) MAIN IDEA or CONCEPT <ul style="list-style-type: none"> <li>◆ Supporting Information</li> <li>◆ Supporting Information</li> <li style="padding-left: 20px;"><i>BLANK SPACE</i></li> </ul> </li> <li>II) MAIN IDEA or CONCEPT <ul style="list-style-type: none"> <li>◆ Supporting Information</li> <li>◆ Supporting Information</li> </ul> </li> </ol> </li> <li>2. Outline 2nd section, then review 1<sup>st</sup> &amp; 2<sup>nd</sup> outline</li> <li>3. Outline 3rd section, then review 1<sup>st</sup>, 2<sup>nd</sup> &amp; 3<sup>rd</sup></li> <li>4. Continue the process and review the outlines beginning with the 1<sup>st</sup> outline.</li> </ol> <p>*Each time you add a new section, review the outlines beginning with the 1<sup>st</sup> outline. <b>Review, review, review!</b></p>
<p>Tools to Use for <b>BPR</b>:</p> <ul style="list-style-type: none"> <li>✓ Notebook</li> <li>✓ Highlighters</li> <li>✓ Colored Pens</li> <li>✓ Preferred Study Space</li> </ul>	<p><b>BPR Tips:</b></p> <ul style="list-style-type: none"> <li>✓ Use <b>MAIN-BPs</b> for main <i>ideas</i> or <i>concepts</i></li> <li>✓ Use <b>SUB-BPs</b> for supporting information</li> <li>✓ <b>Always</b> leave a blank line before writing a new MAIN-BP.</li> <li>✓ Use <b>SYMBOLS</b> for faster processing</li> </ul>

**Contact your academic strategist for support with BPR and other learning strategies!!**

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