



**MEDICINE HAT
COLLEGE**

Name:

ID#:

**PROGRAM PLANNING GUIDE
2024 - 2025
Kinesiology Diploma**

The purpose of this program planning guide is to help students when registering for courses, and to track their progress within their program. *The information in this planning guide is accurate at the time of printing and is subject to change without notice.* It is the students' responsibility to ensure the accuracy of their program and course choice. Students should use the program planning guide dated for the year in which they began the program. This guide should be used in conjunction with the official (print) version of the Medicine Hat College Calendar, and calendars of appropriate transfer institutions, which are the final authorities regarding program requirements.

Year One

FALL SEMESTER			WINTER SEMESTER		
COURSE	DATE	GRADE	COURSE	DATE	GRADE
<i>KNES 261 (lec/lab) (4)</i>			<i>KNES 220 (lec/lab) (4) <i>Pre-req: min C grade in KNES 261</i></i>		
<i>KNES 204 (lec) (3)</i>			<i>PHSL 371 (lec/lab) (4) <i>Pre-req: min C grade in PHSL 371</i></i>		
<i>PHSL 370 (lec/lab) (4)</i>			<i>KNES 247 (lec/lab) (4)</i>		
<i>KNES 250 (lec) (3)</i>			<i>NUTR 200 (lec) (3)</i>		
<i>ENGL 2XX (lec) (3)</i>			<i>Choose One: - KNES 210 (lec) (3) -STAT 251/333</i>		

			<p><i>(lec/lab) (4)</i></p> <p>-KNES 265 <i>(lec/lab) (4) Pre-req: min C grade in KNES 261</i></p> <p>-KNES 2XX</p>		
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Year Two

FALL SEMESTER			WINTER SEMESTER		
COURSE	DATE	GRADE	COURSE	DATE	GRADE
<i>KNES 290 (lec/lab)</i> <i>(4)</i>			<i>KNES 255</i> <i>(lec/lab)(4)</i> <i>Pre-req: min C grade in KNES 261</i>		
<i>KNES 260 (lec) (3)</i>			<i>KNES 206 (lec)</i> <i>(3)</i> <i>Pre-req: min C- grade in PSYC 2XX</i>		
<i>KNES 240 (lec/lab)</i> <i>(4)</i>			<i>KNES 270</i> <i>(lec/lab) (4)</i> <i>Pre req: min C grade in KNES 247, 373</i>		
<i>KNES 373 (lec/lab)</i> <i>(4)</i> <i>Pre-req: min C in PHSL 370</i>			<i>KNES 295 (3)</i> PRACTICUM <i>Co-Req: KNES 270 Pre-req: KNES 247, 373</i>		
<i>PSYC 2XX (lec) (3)</i>			<p>Choose One:</p> <p><i>-KNES 212 (lec)</i> <i>(3)</i> <i>Pre-req: min C- grade in STAT 251/333</i></p> <p><i>-KNES 281 (lec)</i> <i>(3)</i></p> <p><i>-KNES 2XX</i></p>		

Program Notes: Continuation Requirements

- attain a minimum cumulative GPA of at least 2.0 at the end of each semester
- attain a minimum final grade of 'C' in all KNES, PHSL, and NUTR courses and a 'C-' in all other courses

Graduation Requirements

To successfully complete the Kinesiology Diploma. You must:

- attain a minimum final grade of 'C' in all KNES, PHSL, and NUTR courses and a 'C-' in all other courses
- attain a grade of CR in KNES 295
- attain a minimum cumulative GPA of 2.0

Industry Credentials

Students within this program will have the opportunity to achieve the following industry certifications:

- Canadian Society for Exercise Physiology (CSEP)- Certified Personal Trainer (CPT)
- Fitness Alberta (formerly the Alberta Fitness Leadership Certification Association)
- National Coaching Certification Program (NCCP) Modules
- Sports Medicine Council of Alberta (SMCA)- Sport Trainer
- CPR-C and Emergency First Aid

* Students are eligible to complete the CSEP-CPT national certification upon successful completion of all coursework. This is not required for successful completion of the program but rather an opportunity to gain a valuable industry certification. Students are responsible for any fees associated with obtaining this certification. *